





# Leadership Coaching

Personalised, one-to-one support for leaders at all levels



-  **Ideal for** All leaders
-  **Gender** All genders
-  **Duration** One or more 60-minute sessions
-  **Delivery** Online



## About leadership coaching

In the same way that a great sports coach is integral to enabling peak athletic performance, a leadership coach enables great leadership by providing a safe and supportive space for leaders to reflect, experiment, learn from mistakes, and ultimately grow. Suitable for leaders at all levels, of all genders and across all industries, our Leadership Coaching provides truly personalised one-to-one support.

Our coaches are experienced leaders who have lived and breathed the opportunities and challenges that leadership brings. Our coaching methodology adheres to best-practice models and ICF code of ethics.

## Participant profile

Leadership coaching is suitable for leaders at all levels, and is tailored to the individual's experience level, challenges and goals.

## Learning Outcomes

In this program participants will:

Reconnect with your purpose and what's really important to you

Challenge your beliefs & assumptions and be open to new possibilities

Unpack mistakes and learn from setbacks

Build your confidence and be courageous

Explore your challenges in a safe and supportive environment

Identify and leverage your strengths and achievements

Be creative and generate your own solutions



## Coaching experience


Personalised, one-to-one coaching is delivered online over one or more 60-minute sessions.

Our experienced coaches will tailor your sessions to your unique goals, using a range of proven tools and models, and focusing on cognitive and behavioural outcomes.

Through the coaching process, you will commit to a considered Development Action Plan aligned with your needs and goals. This approach equips you with practical strategies to effectively identify, understand and achieve your goals – and has been instrumental in supporting the development of thousands of our graduates.

### Enquiries & enrolments

To find out more or enrol, contact our friendly Program Advisors.

 [info@womenandleadership.co.nz](mailto:info@womenandleadership.co.nz)

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I worked with my Coach with the intention of focusing on accountability to my goals, and helping me become a better leader. I got all of this, and in addition, a timely focus on resilience and looking after myself first, so that I could in turn, support others.

**Emma**  
Manager, Client Services



# Leadership Coaching Registration

Participant name: \_\_\_\_\_

How do you describe your gender?: \_\_\_\_\_

If you selected Other: \_\_\_\_\_

Position title: \_\_\_\_\_

Organisation: \_\_\_\_\_

E-mail: \_\_\_\_\_

Mobile phone: \_\_\_\_\_

Work phone: \_\_\_\_\_

Workplace address: \_\_\_\_\_

## Fees

<b>Standard fee</b>	\$660 (+GST) Per Session
<b>3 session Package</b>	\$1,815 (+GST)
Any psychometric assessment tools used within the coaching partnership will incur additional fees associated with the cost of administering them. Use of any such tools will be done only with prior agreement from the participant.	

**Totals**

Number of sessions: \_\_\_\_\_

Total registration fees due: \$ \_\_\_\_\_

## Fee Payment Details

Option 1: Self-funding [  ]

Option 2: Organisation funded [  ]

Purchase order no: \_\_\_\_\_

Option 3: Joint funded [  ]

Expected split (\$ or %) Self: \_\_\_\_\_

Organisation: \_\_\_\_\_

## Authorisations

Participant signature: \_\_\_\_\_

Date: / / \_\_\_\_\_

**In the situation that the organisation will be funding all or part of the program fee applicants must obtain the signature of an organisational representative to proceed with registration.**

Authorising persons name (if different to participant): \_\_\_\_\_

Position title: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: / / \_\_\_\_\_

## Next Step

- Send this form to [info@womenandleadership.co.nz](mailto:info@womenandleadership.co.nz)
- Your first coaching session will be booked after payment has been received

Payment in full must be made prior to commencement of the first coaching session. Submission of this registration form confirms your intention and capability to make full payment of the Program Fee. A substitute coachee is welcome with written notification received prior to the first coaching session. No substitution fees will be charged. No substitutions are permitted following the first coaching session. In the event you wish to cancel your Coaching Program more than 30 days prior to the first coaching session, you agree to pay a cancellation fee of 10% of the Package Fee. If you cancel your registration less than 30 days before the first coaching session, you agree to pay a cancellation fee of 30% of the Package Fee. Following the first coaching session, no "change of mind" cancellation refunds will be provided. None of the above compromises your rights under New Zealand Consumer Law. Either party may defer or reschedule coaching sessions by providing at least 5 business days' notice to the other party. If you do not attend a scheduled coaching session and have not organised a reschedule, the coaching session will be forfeited.

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